

PROVIDENCE RETREAT

Est. 2018

Un-Approved Medications

*Providence Retreat never suggests an individual to stop taking any medications abruptly.
Please always consult a doctor before altering use of prescribed medications.*

1. Narcotic pain medication
2. Ultram
3. Muscle Relaxants
4. Benzodiazepines, Including and not limited to: Klonopin, Valium, Xanax, Ativan, Librium, Serax, Versed, Ambien & Sonata
5. Suboxone / Subutex/ Methadone
6. Ritalin, Adderall, Concerta & Vyvanse
7. Diet medications, Including and not limited to: Meridia, Adipex, Dexedrine, Ephedrine
8. Neurontin (Gabapentin) – Exception made under certain circumstances
9. Seroquel
10. Any cold medication with a cough suppressant, antihistamine or alcohol
 - Dextromethorphan
 - Diphenhydramine
 - Pseudoephedrine
 - Nyquil
11. Creatine, Cannabidiol (CBD oil or products), Mitragyna speciosa (Kratom)